



Fatty Acid Composition of Freshwater Phytoplankton During a Red Tide Event

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Abstract—The fatty acid composition of phytoplankton in a freshwater reservoir in east Tennessee was investigated during a short-lived algal bloom. Phytoplankton were dominated by the euplankton dinoflagellate *Peridiniopsis penardii*. The major fatty acids were (in decreasing order of abundance), 16:1 ω 7, 16:0, 22:6 ω 3, 14:0, 20:5 ω 3, 24:1 ω 9, 16:4 ω 1 and 16:3 ω 4. The phytoplankton lipids contain relatively low proportions of some of the typically major fatty acids of dinoflagellates (e.g. 18:1 ω 9 and 18:4 ω 3). Furthermore, the phytoplankton lipids exhibited only trace amounts of 3,6,9,12,15-octadecapentaenoic acid. Octadecapentaenoic acid (18:5 ω 3) is a predominant and potentially toxic fatty acid characteristic of dinoflagellates. This fatty acid profile differed substantially from those reported for marine and cultivated dinoflagellate species.

Introduction

Capillary gas chromatography (GC) has allowed analysis of fatty acids to be increasingly useful in microbial taxonomy and ecology. Unsaturated fatty acids, and especially some polyunsaturated fatty acids (PUFAs) of phytoplanktonic origin, have been the subject of a number of geochemical and food web studies (Prahl and Muehlhausen, 1989; Sargent, 1986). These studies cover a wide geographical range, but are limited almost exclusively to the marine environment.

Octadecapentaenoic acid (all-*cis*-3,6,9,12,15-18:5) is a novel PUFA, whose existence was unsuspected despite considerable efforts in the identification of fatty acids from aquatic organisms (Ackman *et al.*, 1968; Chuecas and Riley, 1969; McIntyre *et al.*, 1969). The occurrence of 18:5 ω 3 in a marine dinoflagellate was first deduced from quantitative chromatographic data by Ackman *et al.* (1974). Subsequently, the existence of 18:5 ω 3 was confirmed by Joseph (1975) in *Prorocentrum micans* and eleven other marine dinoflagellates. Most of the work on phytoplankton, and in particular on dinoflagellate fatty acids, has involved the use of laboratory cultures of marine species. Fatty acid analyses from various marine dinoflagellates consistently show the presence of high levels of 18:1 ω 9, 18:4 ω 3, 18:5 ω 3 and 22:6 ω 3 (Withers and Nevenzel, 1977; Pillsbury, 1985; Parrish *et al.*, 1993). The proportion of 18:5 ω 3 in the total lipids is variable, but typically fluctuates between 4 and 23% of the total lipid fatty acids. More recently, 18:5 ω 3 was reported in Primnesiophytes at approximately the same range of concentrations as originally found in dinoflagellates (Volkman *et al.*, 1981; Napolitano *et al.*, 1988, 1990; Al-Hasan *et al.*, 1990; Okuyama *et al.*, 1992). An examination of the lipid class distribution of 18:5 ω 3 has shown that this fatty acid is concentrated in the glycolipids (Okuyama *et al.*, 1992), which in turn form a major part of the chloroplast membranes. Interestingly, 18:5 ω 3 was not detected in the lipids of the dinoflagellate *Cryptocodinium cohnii*, a marine heterotrophic species (Henderson *et al.*, 1988). Early detection and monitoring of the occurrence of dinoflagellates that

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cause "red tides" is a major concern for the fish and shellfish industry, as well as in health and environmental spheres. Octadecapentaenoic acid was suggested as a potential biomarker for the detection of toxic marine dinoflagellates (Joseph, 1993). Moreover, 18:5 ω 3 itself has been implicated in fish kills caused by *Gyrodinium aureolum* and *Chrysochromulina polylepsis* (Prymnesiophyceae) in Norwegian coastal waters (Yasumoto *et al.*, 1990). Here we report the fatty acid composition of a dinoflagellate bloom, and seek to address the problem of the occurrence of 18:5 ω 3 in freshwater dinoflagellates.

Materials and Methods

A sample of surface water was collected from Melton Hill Reservoir at the Bearden Creek Embayment (eastern Tennessee) in April 1993. Surface water temperature was 11.5°C. The concentration of major inorganic nutrients were: NH_3+NH_4 , 0.010 mg l⁻¹; NO_2+NO_3 , 0.55 mg l⁻¹; total P, 0.008 mg l⁻¹. The algae were concentrated by centrifugation 30 min after collection, and subsampled for taxonomic identification and fatty acid determinations.

Phytoplankton lipids were extracted with a mixture of chloroform:methanol (Blight and Dyer, 1959). After extraction, the lipid extracts in the chloroform layer were washed with water, dried over sodium sulfate, concentrated and stored in chloroform in screw-cap (Teflon-lined) glass vials at -35°C under a nitrogen atmosphere. Fatty acids were converted to their respective methyl esters using 10% BF_3 -methanol. For this purpose the total lipid extract was redissolved in benzene (1 ml) in a 10 ml screw-capped centrifuge tube. Then 1 ml of 10% BF_3 -methanol was added to the tube, which was flushed with nitrogen and capped. This was then shaken thoroughly and heated at 100°C in a heating block for 1 h. After cooling the sample to room temp, distilled water (2 ml) was added, the mixture was shaken vigorously, and the top layer containing the methyl esters removed. The remaining mixture was again extracted with benzene (2 \times 2 ml). The combined benzene extracts were concentrated under a stream of nitrogen and dried over anhydrous Na_2SO_4 . The solution was filtered and evaporated to dryness under a stream of nitrogen. The esters were redissolved in hexane, which was the standard solvent for injection into the gas chromatograph. FAME analysis was carried out in a Perkin-Elmer Autosystem (Perkin-Elmer, Norwalk, CT, U.S.A.) equipped with FID (flame ionization detector) and a bonded flexible fused silica capillary column (30 m in length \times 0.25 mm i.d., DB-23, J & W Scientific, Folsom, CA, U.S.A.). Helium was the carrier gas at 20 psi. The oven temperature was programmed as follows: an initial temperature of 153°C was maintained for 2 min, then the temperature was increased to 174 at a rate of 2.3°C min⁻¹, and held for 0.2 min. Finally the temperature was increased to 220°C at a rate of 2.5°C min⁻¹. Retention times and area percentages were recorded on a computer interfaced with the GC using the software PE Nelson 7.0. FAME were identified by their characteristic retention times and by co-injecting the sample with authentic standards, or a FAME mixture of established composition.

Results and Discussion

The occurrence of a short-lived "red tide" dinoflagellate bloom in Melton Hill Reservoir provided an opportunity to investigate the fatty acid composition of a natural phytoplankton assemblage dominated by a single dinoflagellate species. The sample contained high quantities of the euplanktonic dinoflagellate *Peridiniopsis penardii* (Lemmermann) Bourrelly 1968. A few unidentified pennate diatoms were also present in the sample. *Peridiniopsis penardii* is commonly found in lakes and ponds, and until now has not been known to cause toxic red tides (Ingrid Kelley, personal communication).

More than 50 fatty acids present in the phytoplankton lipids were separated and identified by capillary GC (Fig. 1). Major fatty acids in decreasing concentration were (% of total fatty acids), 16:1 ω 7 (13.5), 22:6 ω 3 (10.9), 16:0 (10.3), 20:5 ω 3 (6.7), 14:0 (4.7), 16:3 ω 4 (3.9), 16:4 ω 1 (3.8) 16:3 ω 6 (3.1) 18:3 ω 3 (2.8) and 18:4 ω 3 (2.4). Although this fatty acid profile contained most of the fatty acids typically found in dinoflagellates (i.e. 18:1 ω 9, 18:4 ω 3 and 22:6 ω 3), their concentrations were lower than expected (Table 1). The relatively high concentration of 16-carbon PUFA, and especially of 20:5 ω 3 served as evidence for the presence of diatoms in the sample. The most interesting finding was that the lipids contained only trace amounts of the dinoflagellate fatty acid marker 18:5 ω 3.

We are aware of only two previous reports on the occurrence of 18:5 ω 3 in freshwaters. The analysis of the seasonal variation of the fatty acid composition of natural

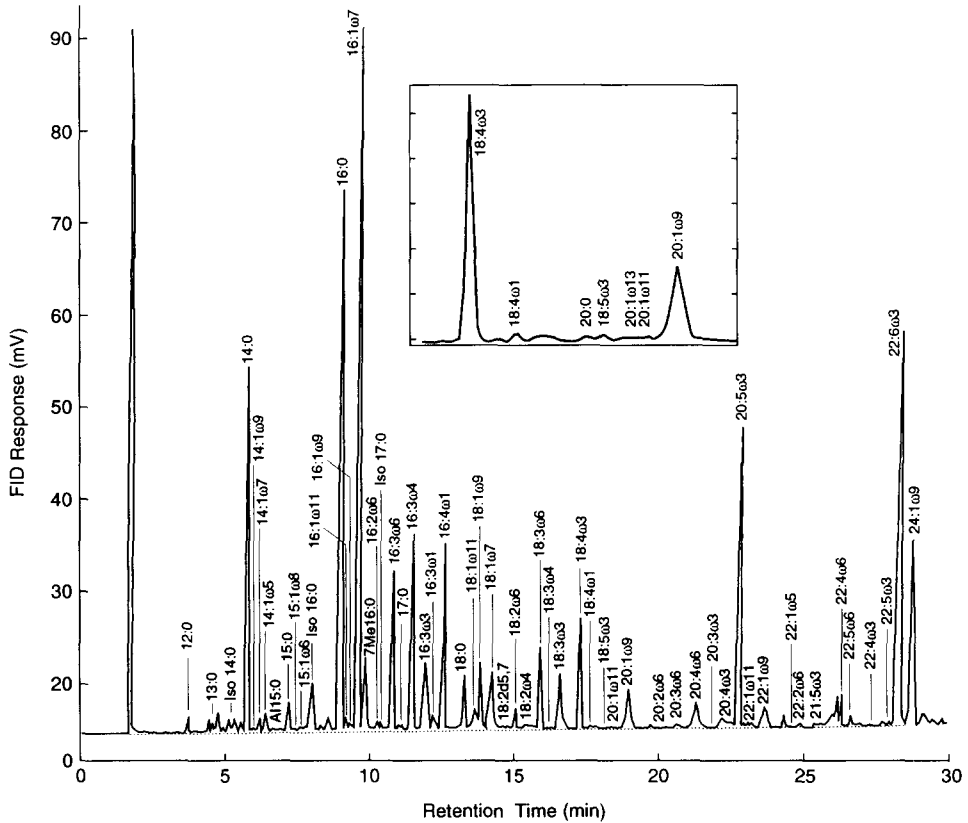


FIG. 1. GAS CHROMATOGRAM OF THE FATTY ACID METHYL ESTERS IN THE TOTAL LIPIDS OF PHYTOPLANKTON FROM MELTON HILL RESERVOIR DURING A DINOFLAGELLATE (*Peridiniopsis penardii*) BLOOM. Insert shows a detail of the chromatogram at the 18:5ω3 region.

phytoplankton in Lake Biwa (Japan) revealed the sporadic presence of 18:5ω3 (Hama *et al.*, 1992). In that study, the concentration of 18:5ω3 ranged from 0.6 to 2.5% of total fatty acids in April and May, respectively. Although the study by Hama *et al.* (1992) did not provide detailed information about phytoplankton species composition, it is apparent that dinoflagellates were not dominant at that time of the year. The fatty acid and taxonomic composition of the phytoplankton in Lake Pavin (France) (Bourdier *et al.*, 1987) showed that 18:5ω3 was among the major fatty acids of phytoplankton collected from May to July (ranging from approximately 2 to 12%). These high concentrations of 18:5ω3 corresponded to a maximum in dinoflagellate biomass, at a depth of 10 m, where *Peridinium willei* predominated. Samples taken during a different time of the year or at different depth showed both lower concentration of 18:5ω3 and smaller numbers of dinoflagellates. In contrast to the results of these analyses of natural phytoplankton, 18:5ω3 was not reported by Ahlgren *et al.* (1992) in analyses of fatty acids in cultures of two freshwater dinoflagellates (*Peridinium cinctum* and *Peridiniopsis borgeri*) harvested at different growth phases. These dinoflagellates contained high proportions of all the typical dinoflagellate fatty acids but apparently lacked 18:5ω3.

The limited information that is available suggests that the presence of 18:5ω3 is less consistent and predictable in freshwater dinoflagellates than in marine dinoflagellates. If so, the irregular distribution of 18:5ω3 suggest limitations on its use as a marker for dinoflagellate and as an ichthyotoxin. Considering the role of PUFAs in

TABLE 1. FATTY ACID COMPOSITION (weight %) OF PHYTOPLANKTON FROM MELTON HILL RESERVOIR (TR = trace amounts <0.1%, n = 2)

Fatty acids	Weight %	Fatty acids	Weight %
12:0	0.26	18:2	0.42
13:0	0.18	18:2 ω 6	0.55
iso 14:0	0.35	18:2 ω 4	0.62
14:0	4.77	18:3 ω 6	1.8
14:1 ω 9	0.23	18:3 ω 4	0.13
14:1 ω 7	0.44	18:3 ω 3	2.77
14:1 ω 5	0.71	18:4 ω 3	2.39
antiso 15:0	0.44	18:4 ω 1	TR
15:0	0.65	20:0	0.11
15:1 ω 8	0.39	18:5 ω 3	TR
15:1 ω 6	0.13	20:1 ω 11	0.18
iso 16:0	1.70	20:1 ω 9	2.06
16:0	10.33	20:1 ω 7	TR
16:1 ω 11	0.54	20:2 ω 6	0.21
16:1 ω 9	0.43	20:3 ω 6	0.30
16:1 ω 7	13.53	20:4 ω 6	1.80
7Me16:0	2.74	20:3 ω 3	TR
16:2 ω 6	0.27	20:4 ω 3	0.27
iso 17:0	0.33	20:5 ω 3	6.68
16:3 ω 6	3.09	22:1 ω 11	0.17
17:0	0.26	22:1 ω 9	1.29
16:3 ω 4	3.95	22:1 ω 5	TR
16:3 ω 3	2.94	22:2 ω 6	0.17
16:3 ω 1	0.71	21:5 ω 3	0.14
16:4 ω 1	3.77	22:4 ω 6	0.85
18:0	1.77	22:5 ω 6	0.30
18:1 ω 11	0.90	22:4 ω 3	TR
18:1 ω 9	1.62	22:5 ω 3	TR
18:1 ω 7	0.26	22:6 ω 3	10.94
		Unknown	4.36

maintaining the fluidity of the cellular membranes at low temperatures, the observed large variations the concentration of 18:5 ω 3 may reflect different biochemical adaptations to differing environments. The relationship between 18:5 ω 3 and temperature could be manipulated under culture conditions and it could be useful for the prediction of the levels of this fatty acid in bloom situations.

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